

[The page contains faint, illegible markings and a large dark horizontal band across the bottom.]

ner affected by
never gained a
own markets.
are strong
ing. Scarcely
and carelessly
share, with this
and the Cape of
have a taste of
against them,
and introduced
is as tolerably
down Greece;
crossed Greek isles,
the culture of
dedicated to
discreet.

in contact with
of Italy
they taste upon
a considerable
the finest, all-mate,
acres, though
of grapes which
surg rubus which
in view upon the
of the ranges from
be Chardonnay,
length and flavour
on claret, and
to stimulate. Dur-
to dependent on
and, especially
the most beau-
duce an abun-
satisfied the
the dwelling, only
Spain, Germany,
sparkling vintages.
Mettichrich Jg-
glaring, pebbly
though that a
strange.

new trade have
of the Corn
Gusson, poured
for the making
are then directed
ground, or that
ould pass a season
the Nile.

Secretary of the
Nassau, who, lately
Agony, whose staple consists of the
caught in the long salt-water canal, complain-
that it is a sin and a shame that good
capable of being maled and made in
brandy, should take the present sea-
bread.

In wine-growing countries, such as Bova-
and the vine of the Loire, Spain, and
Hungary, the half-day laborers were
be easily off, if with their black or brown
bread, their chestnuts, pines, and apples;
but they require a lavish meal of wine.
these districts the farmers find it worth
while to be liberal as regards grapes.
They find their strivings less becoming
which cannot always be granted, and
out turning into very vinegary, which
worth from a half-penny to a penny a qu-
on the spot, and yet which their work-
men willingly accept in lieu of better
food.

From two to three litres of new red wine
day, largely increased in harvest time,
the habitual allowance of many a Scotch
France, labouring men, by far the ordina-
solder, and to whom the flavours of tea
and coffee are quite unknown.

Tea and coffee make their modest ap-
pearance in the island, before our Continent-
neighbours had tasted the fragrance of
Moona berry, or inhaled the aroma of
Chinese leaf. Next to ourselves, the Dutch
are the chief European consumers of
and after the Dutch, in this respect, so
the Russians. Tea, becoming cheap,
sensibly deteriorated in quality, and
disd, the more varieties were also
estimated among the Chinese, though
at prices which to us would appear far
lous or fantastic. It may be added
the colourless "Mandarin" mark, is
is washed out with soap, or
as though it were gold-dust, would not
the impurity of Arabian buyers. Belg-
is the great coffee-drinking country of
West, as Morocco is the one African
whereas is in demand. In France, also,
is held in almost superstitious reverence
its powers as a stimulant. Much was
by the various consular agents, and
in 1870-71, of that lunatic
which the ill-starred Gauls were pass-
ing on of selling, when surprised by
active advocates of their solidly but ex-

SANITARY VALUE OF LIGHT.
Professor W.A. Hammond, in *The Sanitarian*, argues strongly in favor of the sanitary value of light to dwellings and school-rooms. After mentioning numerous illustrations of the effect of this agent upon normal and abnormal conditions of the body, he says:—
"As has already been intimated, the management of the light in the sick chamber is rarely a subject of intelligent and scientific action. In anemia, chlorosis, phthisis, and in general all diseases characterized by deficiency of vital power, light should not be withheld. In convalescence from almost all diseases it acts, unless too intense or too long continued, as a most powerful tonic. It is necessary to the health and physical systems. The evil effects of keeping nursing patients in obscurity are frequently very decidedly shown, and cannot be too carefully guarded against, especially by physicians. The delirium and weakness which are by no means seldom met with in convalescents kept in darkness, and the nervous depression which is the result of the sun not allowed to enter the chamber, I think, I have noticed that would best with greater rapidity when the solar rays are occasionally allowed to reach them, and when they are as far as possible exposed to diffused daylight, than when they are kept continually covered." "In this country, it is rarely the case that diseases or injury is induced by excessive light. Occasionally, however, we meet with eye affections due to excessive light either coming directly from the sun, or reflected from water, snow, or sand, or resulting from the intense light of a flash of electric light." "The rays of bright artificial light may also cause derangement of the visual organs." As child of my acquaintance was rendered permanently amautic by looking intently at a bright object while his photograph was being taken.
"The practical application of these impressions is, that there are, should be taken:— Both in health and disease to insure sufficient amount of light to the inmates of houses, and that it is impossible to rear well-fed, robust, strong, and robust children unless attention is paid to this requirement. Sunlight or apartments in which the solar rays can fall upon the naked body are doubtless highly advantageous to health, and rooming for this purpose could probably easily be constructed in or on most of our city houses. At present a chief object of city families seems to be to devise means for keeping the sun's rays out of their houses. That is, the sunlight out of their houses. That is, the world is said to be under-ferd; it is certainly under-ferd as we manage it. Let us, then, use the driving words of Humboldt have *"Mehr Licht."*

		RECEIVING V.	
Chase	O. Howe	Pow. Mag.	283
John Adam	J. H. Grimes	Hulk	318
H. M. S. SHIPS IN THE CH.			
Name.	Rig.	Guns.	Tons.
Andalusian	double sc. frigate	14	800
Charybdis	steam-corvette	17	400
Curlew	double sc. gun vl.	2	160
Egeria	double sc. gun vl.	4	39
Fly	double sc. gun vl.	4	120
Frisco	double sc. gun vl.	4	120
Hart	double sc. gun vl.	4	120
Himalaya	troopship	2	700
Hornet	double sc. gun vl.	2	100
Kentrel	double sc. gun vl.	2	160
Lapping	double sc. gun vl.	—	—
Lilly	gunboat	—	—
Madison	military hospital	—	—
Midgie	double sc. gun vl.	4	120
Modeste	steam-corvette	14	350
Morgante	gun-boat	4	80
Ringdove	double sc. gun vl.	2	160
Sydney	double sc. gun vl.	2	60
Syrin	double sc. gun vl.	4	160
Thalia	steam-corvette	4	400
Thistle	double sc. gun vl.	4	120
Victor Emanuel	receiving ship	14	—
Vigilant	despatch vessel	2	250
FOREIGN MEN-OF-WAR			
Name.	Nation.	Tons.	Arm.
Andalus	Amer. cor.	1000	6
Atlanta	French cor.	8000	—
Cyclon	German c.v.	2200	19
Hercle	German cor.	2200	—
Leuchokeria	French cor.	2000	—
Palos	Amer. g.-boat	800	—
Yanito	Amer. cor.	—	—
SHIPPING IN THE CHINE			
Vessel.	Captain.	Flag & Rig.	Tons.
Light		Brit. str.	—

[illegible]

<i>The names of the numerous dealers, light small craft, and receiving bulks employed on the Yang-tze are not included in this table.</i>		
Amer. sch.	897	Frazar & Co.
Ger. sch.	205	Wm. Fustat & Co.
Brit. str.	454	Whitlock & Co.
Brit. bk.	347	Kochwell, Levy & Co.
Brit. bc.	288	Wheelock & Co.
Brit. bk.	343	Russell & Co.
Dan. bc.	543	Eid. Sebellhaus & Co.
Brit. bk.	492	Hoard & Co.
Ger. bg.	458	Wm. Fustat & Co.
Nor. bc.	486	Eid. Sebellhaus & Co.
Brit. sh.	846	W. S. Mulcaen
YOKOHAMA.		
<i>In port on 26th March, 1875.</i>		
Brit. sch.	250	F. Knoblauch
Ger. bk.	225	F. Knoblauch
Brit. bk.	824	Chinese
Ger. sch.	239	
Brit. sch.	178	Netherland Trading Co
Amer. bk.	830	O. & O. Co.
Ger. bk.	445	H. Abern & Co.
Brit. bk.	4	R. O. Kirby & Co.
Amer. bk.	797	R. Fisher & Co.
Brit. sch.	259	Smith, Baker & Co.
Brit. sch.	138	Walsh, Hall & Co.
Brit. bk.	337	Order
Brit. sh.	1306	Messageries Maritimes
Brit. sh.	692	Cipaxna, Stone & Co.
Flaw. bk.	473	Order
Brit. sch.	355	E. O. Kirby & Co.
Amer. bk.	600	Order
Ger. bp.	316	Netherland Trading Co
Rus. bk.	630	Order
Brit. bk.	829	Order
Brit. bk.	338	Smith, Baker & Co.
Brit. bk.	780	Kaiffert & Co.
Amer. bk.	623	E. Fisher & Co.
-MANILA.		
<i>In port on 18th March, 1876.</i>		
Ger. bk.	451	Order
Ger. sh.	1249	Order
Brit. sh.	1438	Order
Brit. bk.	602	Order
Span. bk.	408	P. Reyes
Amer. sh.	1596	Order
Span. bk.	565	Order.
Span. bk.	340	P. Reyes
Amer. sh.	1004	Order
Span. bk.	246	Order
Brit. bk.	377	Order
Ger. bk.	1353	Order
Brit. sh.	230	Order
Ger. bk.	264	Order
Brit. sh.	636	Order
Span. bk.	567	P. Reyes
Brit. sh.	938	Wm. Fustat & Co.
Span. bk.	253	J. M. Paezeta & Co.
		Boston
WILLIAM A. BARK, Wyndham Street, Hongkong.		